

It's ABOUT STORIES...UNIQUELY FOR AND ABOUT WOMEN.



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Stories Empowering, helpful real-life portraits;
that stories will introduce you to countless women
all across our country who **make** major health
decisions. Decisions you can relate to in **your** life.
The triumph, the pain, the **heart** and the passion.
Come **Soar!** with **THE ART OF WOMEN'S HEALTH**

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Broadcast News Anchor
and the AWH Series
Host:
JUJU CHANG



PBS Launches New Health Series



PBS

Devoted exclusively to women's health and wellness issues, this exciting new 7 part half-hour series, hosted by ABC News correspondent JuJu Chang, shares personal stories, explores pressing health challenges and provides the best insights from renowned medical experts on how to live happier and healthier lives.

Well Woman Exam, Teens & Depression, Osteoporosis #201

For women, having an annual "well-woman exam" can help make sure their body is running smoothly. And more importantly, just might save a life. Also meet a young woman diagnosed with Bipolar Disorder and follow her journey from sufferer...to sufferette. And finally, despite the fact that many women are likely to have two or more risk factors for osteoporosis, most women don't know they are at risk.



Overcoming Infertility, Minority Women, Facing the Mirror #202

Having a baby isn't always a matter of choice, it is also a matter of fertility. Also, access to healthcare is a necessity for all women, but many struggle with how to obtain even the most basic medical care. And meet a Chicago make-up artist who uses her skills to help women undergoing chemotherapy for cancer look and feel better about themselves.

Heart Disease, Irritable Bowel Syndrome, Exercise & Pregnancy #203

Heart disease is the number one cause of health related death for women. We'll meet two South Florida women who were at high risk for heart disease. Irritable Bowel Syndrome, until recently thought to exist only in the mind of the sufferer, affects the lives of approximately 20 million people of which 70% are women. Also, how a woman manages the changes during pregnancy may make the experience more physically comfortable.



Premature Birth, Stroke, Pregnancy Planning/Spacing #204

Meet a Minnesota couple whose journey through the trials of a premature birth was made even more trying because they were having twins. Also, it may not seem like a pressing women's health issue, but stroke kills twice as many women as breast cancer each year. And finally, find out why it's important for couples wanting more than one child to space them appropriately to ensure a healthier birth experience.

Menopause, Uninsured Women, Chronic Pelvic Pain #205

Meet three women who have all experienced menopause in similar ways, but who took different paths in how they faced its challenges. Also, over 43 million Americans do not have health insurance and 12 million of those uninsured Americans are women of childbearing age. And, when a woman feels pelvic pain she may be experiencing what 10% of women between the ages of 15 to 50 years old experience, a condition called chronic pelvic pain.



Preparing for Pregnancy, Flight Attendant Radiation, Cancer & Genetics #206

Meet two women who didn't get the chance to plan their pregnancies and see why they are now determined to be prepared for the next one. Ever heard of cosmic radiation? For frequent fliers and flight attendants who want to have a family, cosmic radiation can be a health risk to their pregnancy. Also, we'll meet a young woman whose genetic makeup has made her susceptible to cancer.

Sexually Transmitted Disease, Chronic Constipation, Breast Cancer #207

Except for colds, or the flu, sexually transmitted diseases are the most common contagious diseases in the United States and they can affect anyone, sometimes with devastating consequences. Also, meet a St. Louis woman who had been battling the bloating and severe abdominal pain of chronic constipation for over 40 years. And finally, all women are susceptible to breast cancer and early detection is vital to winning the battle.